



# ***Community Unit School District #4*** ***2019-2020 School Year*** ***Health Requirements***



## **PHYSICAL EXAMINATION**

Children must receive a physical examination: 1) Prior to entering Illinois schools for the first time, 2) Prior to entering Kindergarten, 3) Prior to entering 6<sup>th</sup> grade, and 4) Prior to entering 9<sup>th</sup> grade. The examinations must be completed by a MD, DO, Nurse Practitioner, or Physician's Assistant and must be recorded on an Illinois School Physical Form. The health history portion of the physical must be completed and signed by the parent/guardian. Physicals of transfer students may be accepted on another form if the information is comparable to that required on the Illinois form. Physicals completed after August 15, 2018 are acceptable for the 2019-2020 school year. The IHSA pre-participation examination (sports physical) form is not acceptable as the school physical. **Unit 4 District policy requires all students who are required to have a physical examination and immunizations to be completed and turned into school prior to day one of school. Students that are new to the district will have 30 days after entering school to complete the requirements. If health requirements are not met, students will be excluded from school until proof of all health requirements are turned into the school.** (77 Ill. Adm. Code 665)

## **IMMUNIZATION REQUIREMENTS**

All students must present proof of having received immunizations in accordance with the law and the rules and regulations of the Illinois Department of Public Health. Proof of immunization must be presented to school authorities by the child's parent or legal guardian prior to entrance to the school. Please see the attached form for the state of Illinois immunization requirements. **THE LAW REQUIRES SCHOOLS TO EXCLUDE STUDENTS WHO DO NOT MEET THE IMMUNIZATION REQUIREMENTS.** (77 Ill. Adm. Code 665)

## **DIABETES RISK ASSESSMENT**

Public act 93-0530 requires that diabetes screening shall be completed as a required part of each health examination. Rules developed by the Illinois Department of Public Health require each student, at the time of their physical, be assessed for risk of having or developing type 2 diabetes.

## **SCREENING FOR LEAD POISONING**

Screening for lead poisoning is required to have been done at least once between the ages of six months and six years of age. Children who have attended state approved licensed day care centers or preschools, including school district programs, have already been screened as a requirement to attend. Screening for lead poisoning for children six years of age and older will be at the discretion of the child's health care provider. Lead poisoning screening is available from your doctor and can be done at the time of the physical examination. **THIS IS A**

REQUIREMENT OF THE LEAD POISONING PREVENTION ACT (410 ILCS 450) AND PUBLIC ACT 093-0104.

### **DENTAL EXAMINATIONS**

Children must receive a dental examination: before May 15<sup>th</sup>, 2020 for children in 1) Kindergarten, 2) 2<sup>nd</sup> grade, 3) 6<sup>th</sup> grade, and 4) **new for the 2019-2020 school year 9<sup>th</sup> grade.** The examination must be completed by a licensed dentist and recorded on the state dental form. Dental examinations that have been completed after November 15, 2018 will be accepted for the 2019-2020 school year. If your student needs a dental exam, please make an appointment with your family dentist. The Adams County Dental Clinic is available to families who meet eligibility requirements. (77 Ill. Adm. Code 665-410)

### **VISION EXAMINATIONS**

Children enrolling in Kindergarten and children enrolling in a public, private, or parochial schools in Illinois for the first time must receive an eye examination prior to October 15<sup>th</sup> of the 2019-2020 school year. The examination must be completed by a physician licensed to practice medicine in all of its branches or a licensed optometrist and recorded on the state vision form. If your student has already had a vision exam within the past year, please submit a copy to the school. This is a requirement of Public Act 095-0671.

### **ADMINISTRATION OF MEDICATIONS AT SCHOOL**

Whenever possible, medication should be given at home to students. However, if students must take medication at school, the following district policy must be followed:

1. Prior to prescription or non-prescription medication being administered to any student in the district, an authorization for administration of medication form must be completed in detail by the prescribing doctor. This is necessary to comply with the guidelines of the Illinois State Board of Education and the Illinois Department of Public Health.
2. Medication must be brought to school in a container appropriately labeled by the pharmacy or physician including the name of the medication, dosage, and instructions for the medication. If there are any changes for a student's medication, a new authorization form will be required. Parents must notify the school when medication is discontinued.
3. Non-prescription medication must be brought to the school in the original container along with a completed medication authorization form. The physician and parent must sign the authorization form. Tylenol and other non-prescription medications will not be administered at school without the proper written authorization and medication brought to school.
4. Medication will be dispensed only by the school health nurse or authorized school personnel. Students are not allowed to carry medication on their persons or keep in lockers for themselves or other students.
5. Except in extreme situations, it is the student's responsibility to go to the nurse's office to take medication. The nurse may take the medication to the student when she deems necessary due to the student's age or condition.
6. All medications must be stored in a locked cabinet at school.
7. In order to promote optimal safety, an adult must deliver medication to the school health nurse or principal/secretary. **MEDICATIONS SHOULD NOT BE SENT TO SCHOOL WITH A STUDENT.**