

HS/MS October Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Pancake Wrap w/ syrup	Breakfast Sandwich	Biscuits w/ gravy	Cereal w/ Poptart	Vanilla Long John
Fruit	Fruit	Fruit	Fruit	Fruit
Juice/Milk	Juice/Milk	Juice/Milk	Juice/Milk	Juice/Milk
9	10	11	12	13
Columbus Day	Breakfast Sandwich	Biscuits w/ gravy	Cereal w/ Yogurt	Vanilla Long John
No School	Fruit	Fruit	Fruit	Fruit
	Juice/Milk	Juice/Milk	Juice/Milk	Juice/Milk
16	17	18	19	20
Pancake Wrap w/ syrup	Breakfast Sandwich	Biscuits w/ gravy	Cereal w/ Poptart	No School
Fruit	Fruit	Fruit	Fruit	
Juice/Milk	Juice/Milk	Juice/Milk	Juice/Milk	
23	24	25	26	27
French Toast Sticks w/ sryup	Breakfast Sandwich	Biscuits w/ gravy	Cereal w/ Yogurt	Vanilla Long John
Fruit	Fruit	Fruit	Fruit	Fruit
Juice/Milk	Juice/Milk	Juice/Milk	Juice/Milk	Juice/Milk
30	31 Halloween			
Pancake Wrap w/ syrup	Breakfast Sandwich			
Fruit	Fruit			
Juice/Milk	Juice/Milk			
				Menu Subject to Change